



# PSY 225 "REASONS PROMPTS" FOR FIVE-PARAGRAPH ESSAYS (Professor Gernsbacher)

1. "The truth is like a lion; you can let it loose, and it will defend itself." Augustine of Hippo
2. "The journey of a thousand miles begins with one step." Lao Tzu
3. "The opinion which other people have of you is their problem, not yours." Elisabeth Kubler-Ross
4. "In the end, it's not going to matter how many breaths you took, but how many moments took your breath away." shing xiong
5. "You must go on adventures to find out where you truly belong." often attributed to Sue Fitzmaurice
6. "We do not write to be understood but rather to understand." C.S. Lewis
7. "You can't start the next chapter of your life if you keep re-reading the last one." Michael McMillan
8. "Knowledge speaks but wisdom listens." Jimi Hendrix
9. "A candle loses nothing by lighting another candle." James Keller
10. "We cannot become what we want by remaining what we are." Max Depree
11. "A person who has self-confidence gains other-confidence." An Hasidic Proverb
12. "The surest way to lose your self-worth is by trying to find it through the eyes of others." Becca Lee
13. "Do the best you can until you know better." Maya Angelou
14. "The problem is not the problem; the problem is your attitude about the problem." Captain Jack Sparrow
15. "To live rather than just exist is the rarest thing in the world." Oscar Wilde
16. "To plant a garden is to believe in tomorrow." Audrey Hepburn
17. "There is more power in unity than division." Emanuel Cleaver
18. "The key to success is playing the hand you were dealt like it was the hand you wanted." Kaitlyn Walsh
19. "Fear makes the wolf bigger than he is." A German Proverb
20. "If you are too lazy to plow, don't expect a harvest." Proverbs 20:4



# PSY 225 "EXAMPLES PROMPTS" FOR FIVE-PARAGRAPH ESSAYS (Professor Gernsbacher)

1. "Some people come into your life as blessings whereas others come into your life as lessons."  
Mother Teresa
2. "In every walk with nature, one receives far more than one seeks." John Muir
3. "People don't notice whether it's winter or summer when they're happy." Anton Chekhov
4. "Some of the best lessons we ever learn are learned from past mistakes. The error of the past is the wisdom and success of the future." Dale Turner
5. "You always have two choices: your commitment versus your fear." Sammy Davis, Jr.
6. "A patient person will eat ripe fruit" An African proverb
7. "Life is not about waiting for the storm to pass, it's about learning to dance in the rain."  
Vivian Green
8. "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." Maya Angelou
9. "Always go with the choice that scares you the most, because that's the one that is going to help you grow." Caroline Myss
10. "To live a creative life, we must lose our fear of being wrong." Joseph Chilton Pearce
11. "In order to love who you are, you cannot hate the experiences that shaped you." Andrea Dkystra
12. "If you want something you never had, you have to do something you've never done."  
Thomas Jefferson
13. "Honesty is the first chapter in the book of wisdom." Thomas Jefferson
14. "A goal should scare you a little, and excite you a lot." Joe Vitale
15. "I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back." Maya Angelou
16. "Almost everything will work again if you unplug it for a few minutes including you." Anne Lamott
17. "The greatest part of the road trip isn't arriving at your destination." Emma Chase
18. "Some people talk to you in their free time and some people free their time to talk to you."  
Unknown
19. "People who upset you are powerless without your reaction." Unknown
20. "Sometimes getting lost is how we find ourselves." Robert Tew