**Remember**: You use the word 'myself' when you're doing something to yourself (e.g., "I am asking myself why") or for emphasis, but you (as "I") have to be the subject (e.g., "I did it myself.") Do not use 'myself' simply to sound more formal or polite!

## ME/I OR MYSELF WORKSHEET

You seem like a better version of myself.	Me/I or Myself?
I just want to be myself.	Me/I or Myself?
You would even say that to myself?	Me/I or Myself?
There are two others here besides myself.	Me/I or Myself?
He asked William and myself to do it.	Me/I or Myself?
He was a man as big as myself.	Me/I or Myself?
Myself, as the director, will cut the ribbon.	Me/I or Myself?
I directed all inquiries to myself.	Me/I or Myself?
I, myself, haven't seen that yet.	Me/I or Myself?
I pricked myself with a pin.	Me/I or Myself?
He raised the issue with myself.	Me/I or Myself?
I heard the lie myself.	Me/I or Myself?
I often quote myself. It adds spice to my conversation.	. Me/I or Myself?
I cannot bring myself to do it.	Me/I or Myself?
William and myself will be there.	Me/I or Myself?
Myself and my wife will be there.	Me/I or Myself?

Modified from http://www.slate.com/blogs/lexicon\_valley/2014/01/17/myself\_when\_is\_it\_okay\_to\_use\_the\_reflexive\_pronoun\_in\_a\_sentence.html and http://www.grammar-monster.com/lessons/me\_myself.htm

## ME/I OR MYSELF ANSWERS

You seem like a better version of **me**. (neither reflexive nor emphatic)

I just want to be **me**. (not doing something to yourself = not reflexive)

You would even say that to **me**? (neither reflexive nor emphatic)

There are two others here besides **me**. (neither reflexive nor emphatic)

He asked William and **me** to do it. (neither reflexive nor emphatic)

He was a man as big as **I**. (neither reflexive nor emphatic)

**I**, as the director, will cut the ribbon. (neither reflexive nor emphatic)

I directed all inquiries to **myself**. (reflexive)

I, **myself**, haven't seen that yet. (emphatic and includes "I" as subject)

I pricked **myself** with a pin. (reflexive)

He raised the issue with **me**. (neither reflexive nor emphatic)

I heard the lie **myself**. (emphatic and includes "I" as subject)

I often quote **myself**. It adds spice to my conversation. (reflexive)

I cannot bring **myself** to do it. (reflexive)

William and I will be there. (neither reflexive nor emphatic)

I and my wife will be there. (neither reflexive nor emphatic)

Modified from <a href="http://www.slate.com/blogs/lexicon\_valley/2014/01/17/">http://www.slate.com/blogs/lexicon\_valley/2014/01/17/</a>
<a href="mailto:myself\_when\_is\_it\_okay\_to\_use\_the\_reflexive\_pronoun\_in\_a\_sentence.html">http://www.grammar-monster.com/lessons/me\_myself.htm</a>